

# Tidewater Gymnastics Academy

**September 2011 through May 2012**

Class	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Parent & Me Walking to 3 yrs Boys and Girls		9:15-10:00 AM	9:30-10:15 AM			9:15-10:00 AM	
Beginner 3-5 yrs Boys and Girls	1:30-2:30 PM 6:00-7:00 PM	10:00-11:00 AM 4:00-5:00 PM	5:00-6:00 PM	1:30-2:30 PM 6:00-7:00 PM	4:00-5:00 PM	10:00-11:00 AM	
Level 1 5-9 yrs Girls Only	4:00-5:00 PM	5:00-6:00PM	6:00-7:00 PM	4:00-5:00 PM 5:00-6:00 PM	5:00-6:00 PM	11:00-12:00 Noon	
Level 2 6-12 yrs Girls and Invitation Only	5:00-6:30 PM	6:00-7:30 PM			4:30-6:00 PM	11:00-12:30 PM	
Level 3 7-14 yrs Girls and Invitation Only	5:00-7:00 PM		4:00-6:00 PM				
Level 1 and 2 9+ yrs Girls Only	7:00-8:00 PM						
Boys Fitness & Tumbling 6-12 yrs/*8-14 yrs Boys Only/*invitation	5:00-6:00 PM	5:00-6:00 PM	*6:00-7:30 PM		5:00-6:00 PM		
Beginner to Advanced Tumbling and Trampoline 6+yrs Girls Only		6:30-8:00 PM	1:45-2:45 PM (St Pats Early Release)	7:00-8:00 PM			
Hotshots 5-6 yrs Girls and Invitation Only	4:00-5:15 PM			4:00-5:15 PM			
All Stars 6+ yrs Girls and Invitation Only		4:00-7:00 PM		4:00-7:00 PM			
Open Gym Currently enrolled students only 5+ yrs \$7					6:00-7:30 PM		
Birthday Parties						1:00-2:30 PM 3:00-4:30 PM	2:00-3:30 PM 4:00-5:30 PM

**Schedule is subject to change. Please call at least 24 hours in advance to schedule make-up and trial classes!**  
[www.tidewatergymnasticsacademy.com](http://www.tidewatergymnasticsacademy.com)

**757-493-3600**